

Award winning Healthy Lifestyle Bakery  
based on Mediterranean cooking  
& specialising in free from and low-in options

# SPECIAL ORDER MENU

ARAPINA

Distinct Baking

8 Little Thames Walk, SE8 3FB  
Tel: 02084691764

[www.arapina.co.uk](http://www.arapina.co.uk)

Instagram: [rapina\\_bakery](https://www.instagram.com/rapina_bakery)  
Facebook: [rapinabakery](https://www.facebook.com/rapinabakery)  
Twitter: [rapina\\_bakery](https://twitter.com/rapina_bakery)

## BREAKFAST

### ON THE GO

Any vegan pastry, gluten free granola with yogurt & orange juice £7.95

### ROLLS

20 mini vegan courgette rolls £17.50

20 mini vegan mushroom rolls £17.50

12 mini smoked salmon rolls £26.00

**12 MINI EGG & BACON SANWICHES** £25.00

### VEGAN PASTRIES

9 cinnamon brioche £15.00

9 chocolate, tahini, orange & walnut brioche £19.50

3 plain, 3 pain au chocolate, 3 danish £16.50

**VEGAN, GLUTEN/WHEAT FREE & SUGAR FREE BROWNIES** £25.00

12 - Devil's brownie, sour cherries, salted caramel  
triple chocolate

**VEGAN CAKE BOX** £22.50

24 - Blueberry crumble, almond & raspberry, banana & walnut, marble swirl

**GLUTEN FREE MINI MUFFINS** £25.00

24 - blueberry, vanilla & chocolate chips

**VEGAN & GLUTEN FREE MACAROONS** £22.50

12 - chocolate & raspberry, pistachio madness

**20 GLUTEN FREE AMARETTO MINI COOKIES** £22.50

**30 VEGETARIAN MINI COOKIES** £22.50

Triple chocolate cookies, vanilla & chocolate chunks, salted caramel

**30 VEGAN MINI COOKIES** £25.00

Double chocolate, vanilla & chocolate chunks, orange & almond

## LUNCH

### ROLLS

20 mini vegan courgette rolls	£17.50
20 mini vegan mushroom rolls	£17.50
12 mini smoked salmon rolls	£26.00

### FOCACCIAS (NO FILLINGS)

6 - rosemary & garlic, pesto & roasted peppers, feta & olives	£19.50
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### FOCACCIA SANDWICHES

10 - On a rosemary & garlic focaccia: parma ham, parmesan & rocket	£30.00
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### MINI BAPS

<b>VEGAN:</b> 12 -roasted vegetables with olive tapenade, sun kissed tomatoes with avocado & walnuts	£25.00
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<b>VEGETARIAN:</b> 12 -triple veggie, tomato with mozzarella & pesto	£25.00
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<b>MEATY:</b> 12 -blt, chicken & avocado	£27.50
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<b>MIX:</b> 18 - a mix of the above	£36.00
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### MINI SAMOSAS

24 -chicken & mushroom, veggie feta & olives, vegan spiced aubergine	£36.00
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### MINI QUICHE

24 - chicken & roasted vegetables, veggie broccoli & stilton	£36.00
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### VEGAN CAKE BOX

24 -blueberry crumble, almond & raspberry, banana & walnut, marble swirl	£22.50
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## AFTERNOON

<b>VEGAN, GLUTEN/WHEAT FREE &amp; SUGAR FREE SCONES BOX</b> 10 fruity scones with coconut cream & sour cherries preserves	£25.00
<b>FRUIT SALAD BOWLS w HONEY</b> Serves 6	£19.00
<b>VEGAN, GLUTEN/WHEAT FREE &amp; SUGAR FREE BROWNIES</b> 12 - devil's brownie, sour cherries, salted caramel, triple chocolate	£25.00
<b>VEGAN CAKE BOX</b> 24 - Blueberry crumble, almond & raspberry, banana & walnut, marble swirl	£22.50
<b>GLUTEN FREE MINI MUFFINS</b> 24 - Blueberry, vanilla & chocolate chips	£25.00
<b>VEGAN &amp; GLUTEN FREE MACAROONS</b> 12 - chocolate & raspberry, pistachio madness	£22.50
<b>20 GLUTEN FREE AMARETTO MINI COOKIES</b>	£22.50
<b>30 VEGAN MINI COOKIES</b> Double chocolate, vanilla & chocolate chunks, orange & almond	£25.00
<b>30 VEGETARIAN MINI COOKIES</b> Triple chocolate cookies, vanilla & chocolate chunks, salted caramel	£22.50
<b>VEGAN, GLUTEN/WHEAT FREE &amp; SUGAR FREE SLIM TARTS</b> 9 - Raspberry & pistachio, banoffee, chocolate & raspberry	£39.50

## **EVENING - ideal for parties & events**

<b>CANAPES</b> 36 - mini quiches, mini samosas, pie bites, bruscettas	£45.00
<b>VEGAN &amp; GLUTEN FREE MACAROONS</b> 12 - chocolate & raspberry, pistachio madness	£22.50
<b>VEGAN, GLUTEN/WHEAT FREE &amp; SUGAR FREE BROWNIES</b> 12 - Devil's brownie, sour cherries, salted caramel triple chocolate	£25.00
<b>20 GLUTEN FREE AMARETTO MINI COOKIES</b>	£22.50
<b>30 VEGETARIAN MINI COOKIES</b> Triple chocolate cookies, vanilla & chocolate chunks, salted caramel	£22.50
<b>30 VEGAN MINI COOKIES</b> Double chocolate, vanilla & chocolate chunks, orange & almond	£25.00

## **SUNDAY PICNIC**

2 sandwiches/2 regular salad boxes/2 cakes/2 beverages	£19.50
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